

Discover my 'go-to' set of fusible interfacings

1. Fusible Woven

Pellon SF101

I love this because it's a great medium-weight woven fusible that keeps fabric feeling like fabric, while adding stability and shape. It's ideal for everything from fine Liberty lawn to sturdy cotton canvas. I fuse this first to all woven fabrics before layering any other interfacing — it's my essential foundation.

2. Fusible Non-Woven (Medium)

Pellon CF808

This medium non-woven instantly adds crispness and stability. It has that classic "paper" feel that gives fabric function and durability, ideal for flaps, bases, and covers. I layer it over SF101 when I want my project to have some structure yet still feel smooth.

3. Fusible Non-Woven (Heavy)

Pellon Peltex 71f

This heavy non-woven delivers that firm "cardboard" effect for rigid structure. It transforms soft cotton into sturdy panels that hold their shape perfectly. I use this over SF101 whenever I need my project to stand tall.

4. Fusible Fleece (Low Loft)

Pellon 987f

I love this because it adds just the right amount of softness and body without bulk. It's ideal for projects that need a gentle puff or a quilted handfeel. I use this over SF101 when I want a lightly cushioned finish that still feels refined and flexible.

5. Fusible Fleece (High Loft)

Heat'n'bond Highloft Fusible Fleece Q2425

This fleece gives projects that extra plushness and warmth. It's perfect for creating more pronounced padding or a luxurious quilted look. I use this over SF101 when I want deeper texture and a more tactile, inviting finish.

6. Fusible Foam (1 Sided)

Pellon Foam FF78F1

When I want firm structure with a soft, bouncy feel, I use this 1 sided fusible foam. It creates beautiful body and dimension while protecting what's inside. I use this over SF101 for a padded, professional finish that looks substantial but still feels flexible.

7. Fusible Web

Vlieseline Vliesofix

I love this because it makes appliqué effortless. It bonds cleanly and securely without adding any stiffness, so shapes stay crisp and edges smooth. It's my go-to layer whenever I want to add decorative detail or secure fabric motifs with ease.

Sew a handmade home — and find joy in creating.

Build confidence, find sewing friends, and take back control of your sewing life.

bit.ly/discover-sewflow 